

## **Antelope Island State Park Trails**

### **Trail Rules:**

- ✓ Stay on designated trails. Off trail use is prohibited. It impacts wildlife and critical habitat, and creates unwanted trails and erosion.
- ✓ Observe wildlife from a safe distance! Wildlife may appear tame, they may attack if threatened or approached. If encounter bison on trail, wait for them to move. Bison are wild and dangerous animals.
- ✓ Wildlife, plants, minerals, and all other natural resources are protected. It is unlawful to remove, alter, destroy natural features or harass animals.
- ✓ Trail users must be off trails and exiting the park at park closing time.
- ✓ Keep dogs on a six-foot leash (1,83 m) or less at all times.
- ✓ Pets are not allowed on Frary Peak, Dooly Knob, Sentry, and South Island Trails.

### **1. Beacon Knob Trail**

Length: 0.3 miles/ 0,48 km one-way

This is a short, easy trail that spurs off the White Rock Loop Trail at its highest point. It provides dramatic views of the Wasatch Front and Mountains.

### **2. Buffalo Point Trail**

Length: 0.41 miles/ 0,66 km one-way

This trail is easy to moderate. Benches along the way make it a "family friendly" trail. At the top, visitors are treated to spectacular views of the island and Great Salt Lake.

### **3. Dooly Knob Trail**

Length: 1.4 miles/ 2,25 km one-way

This moderate trail spurs off the Frary Peak Trail approximately 0.75 miles (1,21 km) from the trailhead. After a short level traverse the trail makes a short climb, via a series of switchbacks, to the rocky summit of Dooly Knob. There are good views of both sides of the island from the trail. **No bikes, horses or pets are allowed.**

### **4. Elephant Head Trail**

Length: 12.62 miles/ 20,31 km roundtrip

Access this moderate 1.4 miles (2,25 km) trail from Junction Trail about 4.91 miles (7,9 km) from the trailhead. This single-track trail leads to a spectacular overlook 650 feet (198 m) above Great Salt Lake.

### **5. Frary Peak Trail**

Length: 3.08 miles/ 4,96 km one-way

This moderate to difficult trail is reserved for hikers only. The trail gains nearly 2,100 feet (640 m) in elevation as it reaches the 6,596-foot Frary Peak (2010 m). Watch for bighorn sheep near the top.

**No bikes, horses or pets are allowed.**

### **6. Junction Trail**

Length: 4.91 miles/ 7,9 km one-way

Starting at White Rock Bay Trailhead, this trail is the only access to Elephant Head Trail and Split Rock Bay Loop. This trail follows a gentle rise along the west side of the island with wonderful views of Great Salt Lake.

### **7. Ladyfinger Point (Egg Island Overlook)**

Length: 0.25 miles/ 0,40 km one-way

This trail is easy but visitors must climb around numerous big rocks. Good views of Egg Island, a major rookery, can be seen south of the trail in Bridger Bay.

### **8. Lakeside Trail**

Length: 2.73 miles/ 4,39 km one-way

This easy trail follows the shoreline of Bridger and White Rock Bays around the base of Buffalo Point, about 300 yards (274 m) from Great Salt Lake. There are good views of the lake and its wetlands along the trail.

### **9. Mountain View Trail**

Length: 11.38 miles/ 18,31 km one-way

This is a long, easy trail that roughly follows the East Side Road to the Fielding Garr Ranch. Good views of the island's geology, wetlands, and wildlife are abundant along the trail. There are two paved parking lots along the route where the trail crosses the road, both of which provide trail access.

### **10. Sentry Trail**

Length: 6.48 miles/ 10,43 km roundtrip

This is an easy to moderate trail beginning at the Fielding Garr Ranch. Visitors must check in at the ranch office before using the trail.

After gaining nearly 1,000 feet (305 m) the trail makes a loop around Sentry Peak to the west of the ranch. This trail can provide good opportunities for wildlife viewing and spectacular views of the west side of the island.

### **11. South Island Trail**

Length: 5.42 miles/ 8,72 km one-way

This is an easy trail beginning at the Fielding Garr Ranch. Visitors must check in at the ranch office before using the trail.

### **12. Split Rock Loop Trail**

Length: 14.96 miles/ 24,08 km (incl. the 4.91-mile Junction Trail (7,9 km) from the White Rock Loop Trailhead, the 5.14-mile loop (8,27 km), and the return to the White Rock Loop Trailhead)

This moderate to difficult trail gives good opportunities for wildlife viewing and observing the geologic diversity of the island. Watch for the historic rock corral along the south leg of the loop. Exercise caution on the switchbacks near the midpoint of the loop.

### **13. White Rock Loop Trail**

Length: 6.1-mile loop (9,82 km)

This is an easy to moderate trail with some very long ascents and descents. There are areas of deep sand that can make biking tedious. It is the only access to the Beacon Knob, Split Rock Loop, and Elephant Head Trails. Views from the trail are virtually unobstructed due to its location within grassy, shallow valley. Watch for coyote, pronghorn, and bison.